

# Task Chair Selection Guide



**Back Angle Adjustment**  
Helps reduce disc pressure and relaxes back muscles



**Knee Tilt**  
Allows you to keep your feet flat on the floor while chair reclines.



**Synchro Tilt**  
Encourages dynamic body movement.



**Waterfall Seat Edge**  
Reduces pressure at back of knee, enhancing blood flow.



**Contoured Cushion**  
Supports body allowing you to sit longer without discomfort.



**Arm Width Adjustment**  
Allows outward movement of armrests, ensuring proper forearm support.



**Arm Height Adjustment**  
Reduces muscular effort in neck and shoulders.



**Tilt Tension Control**  
Allows you to rock comfortably. Reduces muscle fatigue.



**Tilt Lock**  
Lock tilt movements in various positions to accommodate posture.



**Seat Height Adjustment**  
Reduces pressure under thighs. Feet stay flat, adding support to lower back.



**Back Height Adjustment**  
Supports lumbar.



**Seat Depth Adjustment**  
Keeps back in contact with backrest, reducing pressure behind knees, buttocks & thighs



**Forward Seat Tilt**  
Helps reduce disc pressure during forward leaning tasks.



**Center Tilt**  
Allows you to recline seat back to comfortable angle, enhancing blood flow.

Image	Description	A	B	C	D	E	F	G	H	I	J	K	L	M	N
	<u>Global Stamina® Task Chair</u>	X			X	X	X		X	X	X	X	X	X	
	<u>Safco® Uber Big &amp; Tall Task Chair</u>				X				X	X					
	<u>Phoenix Big &amp; Tall Task Chair</u>	X		X	X		X	X	X	X	X	X		X	X
	<u>Global Gusto™ Task Chair</u>	X		X		X		X	X	X	X	X		X	X
	<u>Eurotech™ Task Chair</u>	X			X	X	X	X	X	X	X	X		X	X
	<u>Phoenix 8-Way Posture Task Chair</u>	X		X	X		X	X		X	X	X		X	
	<u>Eurotech™ Task Chair</u>					X	X	X	X	X	X	X		X	

	<u>Phoenix 8-Way Posture Task Chair</u>	X		X	X		X	X		X	X	X		X	
	<u>Eurotech™ Task Chair</u>					X	X	X	X	X	X	X		X	
	<u>Eurotech™ Task Chair</u>	X				X	X	X	X	X	X	X		X	X
	<u>Eurotech™ Task Chair</u>		X	X	X	X	X	X	X		X				
	<u>Eurotech™ Task Chair</u>	X				X			X	X	X	X		X	X
	<u>Office Star™ Task Chair</u>			X	X			X	X		X				
	<u>Safco® Groove™ Task Chair</u>		X		X				X	X	X				
	<u>Global Arno™ Task Chair</u>					X			X	X	X			X	

	<u>Eurotech™ Task Chair</u>				X	X	X	X				X	X	X		
	<u>Global Goal® Task Chair</u>				X	X						X	X	X		
	<u>Global Goal® Task Chair</u>				X	X		X				X	X	X		
	<u>Phoenix Task Chair</u>				X	X						X	X	X		
	<u>Office Star™ Task Chair</u>					X						X	X			
	<u>Office Star™ Task Chair</u>	X			X	X	X	X				X	X	X		
	<u>Smith System Brilliant™ Task Chair</u>				X							X				

